

## Indoor Bowls – Simple Rules

- The aim is to bowl your bowls as close as possible to the **Jack**.
- Teams consist of a **Lead**, **Skip**, and the other players (for example, **2 and 3**).
- Teams have the same number of players.
- The **first pair** bowls both of their bowls, followed by the **second pair**, and so on.

### Starting the Game

- A **toss** decides who starts.
- The winners of the toss are the **Home** team and the losers are the **Away** team.

### The Skip

- The Skips sit at the opposite end of the mat.
- The Skip's job is to:
  - Tell the team what is happening in the game.
  - Place the **Jack** on the centre line at the distance requested by the Lead.
  - Remove any **dead bowls**.

### Dead Bowls

A bowl is dead if:

- It goes off the mat.
- It touches the **centre marker/helicopter**.
- It does not reach the required line.
- It goes past the **back line**.

### Bowling

- The player must place their **leading foot on the mat** when delivering the bowl.
- The other foot must remain within the side lines.

### Scoring

- Scoring is the **same as in outdoor bowls**.

### Touchers

- If a bowl touches the Jack, it is marked with **chalk**.
- If that bowl is later knocked out of play, it is still counted as a **live bowl**.